

Cherry Lane Newsletter

Issue 23 W/E 26th April 2024

View our virtual tour <https://cherrylane.hillingdon.educatedmedia.co.uk/virtual-tour/>

Dates for the Diary

Monday 29th April – **Class 5C** Swimming lessons every PM

Monday 6th May - **BANK HOLIDAY – SCHOOL CLOSED**

Monday 13th May – **Class 5DC** Swimming lessons every PM

Wednesday 15th May – Year 4 Pedestrian training

Wednesday 22nd May – **Year 1 Parent** Event – **2:15pm-3pm** – Making yogurt breakfast pots

Please note: No scooters or bikes are to be use on school grounds

To avoid bumps and crashes into others. No riding of bikes or scooters before or after school in the playground.

If you cycle and scooter to and from school. Please get off and walk your bike or scooter as soon as you come into the school site. Park your bike or scooter at one of our racks.

It's everyone's job to help keep the site safe and crash free for all.



Swimming lessons for year 5 requirements:

Girls will need a one-piece costume (Bikinis are not allowed) and a swimming cap.

Boys will need trunks (not baggy shorts or longer Bermuda shorts type). The reason for this ruling is that these types absorb water, make them heavy and so make learning to float and swim more difficult.

All will need a towel and goggles if necessary. Swimming kit needs to be brought into school every day that week in a backpack or PE bag. Children can bring more than one towel if they wish (one for hair and one for body).





Cherry Lane Breakfast Club



The cost per session is £2.00 per child which **MUST** be booked before attending, you can book up to the evening before. The booking is **NON REFUNDABLE.**

Failure to complete booking and payment will result in your child not being able to secure a place in our breakfast club.

To secure a place for your child, booking and payment must be done through your parent pay account



Breakfast club commences at 7:45–8:30am

A healthy breakfast will be available, this will consist of the following:

- Toast and spreads or Cereal
- Fruit
- Water

Cycle Skills training

Every second Saturday of the month, April to October 2024, Hillingdon borough will be offering a free range of Cycle Skills training for residents' families. From children learning to balance and those learning to ride for the first time, to adults (16+) wanting to enhance their cycle skills or gain confidence on the road.

All sessions are free of charge and there is no need to book, however, due to limited space we must operate on a first come first served basis.

Session dates:

Saturday 13 April

Saturday 11 May

Saturday 8 June

Saturday 13 July

Saturday 10 August

Saturday 14 September

Saturday 12 October

Please note:

As the sessions take place outdoors, they are weather dependant, please check this web page for any updates before attending. ([Cycle Skills training - Hillingdon Council](#))

You can attend individually or as a family.

Bringing your own helmets, bikes and balance bikes, is advised, but we will also have a limited amount available to use, free of charge.

All applicants aged 4 to 17-years-old will need to be accompanied by an adult on their training sessions.

For more information, email Darryl Boot at dboot@hillingdon.gov.uk.

Training sessions for children

All applicants will need to be accompanied by an adult on their training sessions.

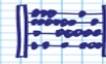
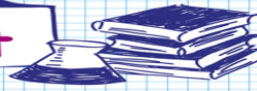
Learn to Balance. This is a session from 10am to 11am,

For children aged 4 to 6-years-old to learn to balance using balance bikes, specially built bikes without pedals, to encourage independent balancing without the need for stabilisers. The first step to riding a bike.

Learn to Ride. This session is from 11am to midday.

For children aged 6 to 10-years-old, to learn to ride using pedal bikes, in preparation for their 'bike ability' on road course, offered to all year 6 pupils throughout the borough.





Summer Term April – July 2024

★ **Your School Nursing Service** ★

School Nurses form part of the 0-19 service in Hillingdon. Health Visitors cover from 0-5 years and School Nurses cover from 5-years old until your child's 19th Birthday. The School Nursing Team works in partnership with children, young people and families as well as schools and the Local Authority to ensure that pupils are supported within their school community to remain healthy and receive the right support where it is needed.

Reception:

- Routine **Hearing and Vision Screening** is completed for all children in reception. If anything is flagged from these tests, the service will be in contact with you for further advice or referrals if needed.
- When your child is in reception, they will have their height and weight checked as part of the **National Child Measurement Programme (NCMP)**. The results from this will be sent home to you in a letter.
- You will also be sent **Health Questionnaires**. The questionnaire provides an opportunity to identify any new or on-going health needs your son/daughter may have and require additional support with, and enable individual follow-up actions which may be required to support you in ensuring your child remains healthy as possible. You will be sent a letter from your school or a text message with a link for the questionnaires. The results are sent to the School nursing Service, they are confidential and not shared with the school. Even if you have no concerns with your child's health, we still find it valuable for you to complete a Health Questionnaire.

Year 6:

- When your child is in reception, they will have their height and weight checked as part of the **National Child Measurement Programme (NCMP)**. The results from this will be sent home to you in a letter.

Transition to Year 7:

- If your child is due to attend a Hillingdon school in year 7, you will have an opportunity to complete a **Health Questionnaire** giving you the opportunity to let us know about any health issues your child may be experiencing. You will be sent a letter from your school with a link for the questionnaires. The results are sent to the School Nursing Service, they are confidential and not shared with the school.

School nurses are available Mon-Fri 9am-5pm. You can call or email with any queries and we can get back to you.

You can also request screening (hearing & vision and height & weight) for your school aged child at any point should they have concerns via the school nursing service.

Concerns with bedwetting? Once your child reaches 5-years old and you have concerns with bedwetting you can seek a referral to the **school nurse-led enuresis (bedwetting) clinic** from your GP.

CONTACT DETAILS:

TELEPHONE: 01895 891 302

EMAIL : cnw-tr.hillingdonchildrenc@nhs.net

WEBSITE : www.hillingdoncyp.cnw1.nhs.uk/

Please scan the QR code to access our website.



address: 30, Oxford Road, Denham. UB9 4DQ
email: hillingdonfoodbank@kingsborough.org.uk
mobile: 07859710747
charity no: 1148148



FOOD DONATION

Help donate to those in hunger

We're accepting;

- Pasta
- Noodles
- Tin Beans
- Tin Fruits
- Tin Spaghetti
- Long-life Milk
- Long-life Juice
- Tea and Coffee
- Biscuits



Do you look after a child with asthma?



At Asthma + Lung UK, we give advice and support to everyone living with a lung condition.

Our online Parent Carer Support Network is a safe and friendly space for parents, carers, and anyone who looks after a child with asthma. Get free expert advice on how to manage your child's asthma and meet other families who understand what you're going through.

March 2024	Help your child at home: Understand your child's asthma action plan and how to manage their asthma at home.
April 2024	Managing your child's medication: Discover the different types of inhalers and learn how to manage your child's medication.
May 2024	How does air pollution affect asthma? Learn about the effects of air pollution and seasonal allergies on your child's asthma.
June 2024	Breathing well: Help your child to breathe well when they are feeling breathless.
July 2024	Sweet dreams: Make sure your child gets the best night's sleep possible, when living with asthma.
August 2024	Back to school: How to help your child manage their asthma in school.
September 2024	After school clubs and asthma: How to help your child manage sports and clubs when they have asthma.
October 2024	From hospital to home: What happens when your child is admitted to hospital, and what to do when they are sent home.
November 2024	Stay well in the festive season: Get help with managing allergies, intolerances and asthma in the festive season.



To sign up to our online sessions, scan the QR code or visit asthmaandlung.org.uk/parent-carer-support-network
Contact us on supportgroups@asthmaandlung.org.uk or 0300 222 5800.



What Parents & Carers Need to Know about

follow

WHAT ARE THE RISKS?

INSTAGRAM

Instagram is one of the most popular social media platforms in the world, with over 1 billion users worldwide. The platform allows users to upload images and videos to their feed, create interactive 'stories', share live videos, exchange private messages or search, explore and follow other accounts they like - whilst at the same time continuously updating and adding new features to meet the needs of its users.

AGE RATING

13+

ADDICTION

Many social media platforms are designed in a way to keep us engaged on them for as long as possible. There's a desire to scroll often/more in case we've missed something important or a fear of missing out. Instagram is no different and young people can easily lose track of time by aimlessly scrolling and watching videos posted by friends, acquaintances, influencers or even strangers.

PRODUCT TAGGING

Product tags allow users (particularly influencers who are sponsored to advertise products) to tag a product or business in their post. This tag takes viewers, regardless of age, directly to the product detail page on the shop where the item can be purchased and where children may be encouraged by influencers to purchase products they don't necessarily need.

EXCLUSION AND OSTRACISM

Young people are highly sensitive to ostracism. Feeling excluded can come in many forms such as: not receiving many 'likes', not being tagged, being unfriended, having a photo untagged, or not receiving a comment or reply to a message. Being excluded online hurts just as much as being excluded offline - with children potentially suffering lower moods, lower self-esteem, feeling as if they don't belong or undervalued.

PUBLIC ACCOUNTS

Product tagging on Instagram only works on public accounts. If your child wants to share their clothing style, make-up etc and tag items in a post then they may be tempted to change their settings to public, which can leave their profile visible to strangers.

GOING LIVE

Live streaming on Instagram allows users to connect with friends and followers in real-time and comment on videos during broadcast. Risks increase if the account is public because anyone can watch and comment on their videos, including strangers. However, other risks include acting in ways they wouldn't normally or being exposed to inappropriate content or offensive language.

INFLUENCER CULTURE

Influencers can be paid thousands of pounds to promote a product, service, app and much more on social media - the posts can often be identified because they state they're a 'paid partnership'. Ofcom found that young people often attempt to copy-cat influencer behaviour for their own posts to gain likes, sometimes posting content which may not be age-appropriate.

UNREALISTIC IDEALS

Children compare themselves to what they see online in terms of how they look, dress, their body shape, or the experiences others are having. The constant scrolling and comparison of unrealistic ideals can lead to children feeling insecure about their own appearance, questioning how exciting their own lives are and having a fear of missing out.

Advice for Parents & Carers

Balance your time

Instagram now has an in-built activity dashboard that allows users to monitor and control how much time they spend on the app.

Be vigilant and reassure

Talk to your child about the use of filters. Discuss the fact that many images online are filtered and not everyone looks a 'picture perfect'.

Follow influencers

Talk to children about who they follow and help them develop critical thinking skills about what the influencers are trying to do e.g. are they trying to just sell or promote a product.

Have an open dialogue

Always talk to children about live videos and risks involved and how they can do it safely with family and friends.

Familiarise yourself

Instagram has safety features available to parents in a user friendly manner.

Manage like counts

Users can hide like counts on their posts. This means others can't see how many likes you get. This can be done by going into settings > notification > posts > likes > off

Remove payment methods

If you are happy for your child to have a card, it is suggested that there should be a PIN that needs to be entered before making payment to prevent unauthorised purchases.

Late Arrivals and Collections

Our school day starts for Years 3-6 at 8.45am. Reception and Years 1 & 2 start at 8.50am.

If your child is late to school, please make sure they come to the main reception, so they can be signed in.

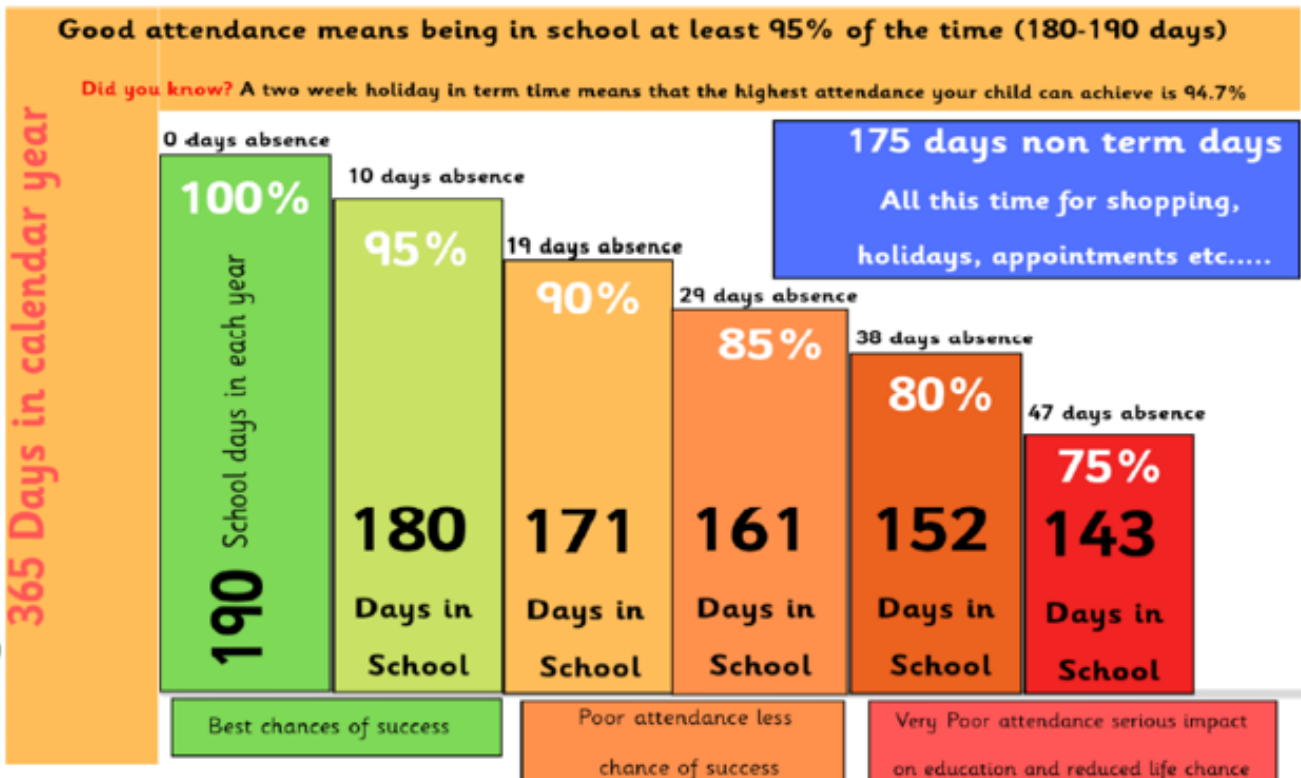
Learning starts at this time.

Arriving late will mean;

- Your child will miss out on important learning, which may affect their achievements.
- They don't get social time to settle into the class.
- It can be embarrassing for them.
- It may disrupt the learning of the rest of the class.

Reception, Y1 and Y2 finish at 3.20pm and Y3-6 finish at 3.25pm. Please make sure you are here on time to collect your child.

If you are running late, please call the school office so we can let the teacher know. If you are persistently late to collect your child, they will be placed into afterschool club and you will be charged.



Well done!

W/E 26/4/24

Attendance

Reception – Rabbits 96%

KS1 – 2R 97%

KS2 – 5C 98%

YOU ARE CHERRIFIC



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Walking Bear (Reception / KS1)

1st - 1G

Walking to school trophy (Year 3-5)

1st - 5F

Walking to school trophy (Year 6)

1st - 6C

Bookworms (KS1)

KS1 - 1M

Super Stepper Winner

Reception / KS1 – 1P

KS2 - 6M

House points

Windsor



SCHOOL TERM AND HOLIDAYS FOR THE SCHOOL YEAR 2023/2024

Summer Terms – 2024

Training day:	Monday 15 th April (school closed to pupils)
Summer 1 starts:	Tuesday 16 th April
Half Term:	Monday 27 th May – Friday 31 st May
Summer 2 starts:	Monday 3 RD June
Term ends:	Wednesday 23 th July @2pm
Training day:	Wednesday 24 th July (school closed to pupils)

Autumn Terms – 2024

Training day:	Monday 2 nd September (School closed to pupils)
Autumn 1 starts:	Tuesday 3 rd September
Half Term:	Monday 28 th October – Friday 1 st November
Term ends:	Friday 20 th December

Bank Holidays

2024

New Year's Day: 1st January
Good Friday: 29th March
Easter Monday: Monday 1st April
May Day Bank holiday: Monday 6th May
Spring bank holiday: Monday 27th May
Summer bank holiday: Monday 26th August

HOLIDAYS ARE NOT AUTHORISED DURING TERM TIME.

KEY CONTACTS

Head Teacher: Miss Tranter

Reporting an absence – Choose telephone option 1

Welfare – Mrs Ramsay – Choose telephone option 2

Admissions – Mrs Haddad – Choose telephone option 3

Business Manager – Mrs Sondi – Choose telephone option 4

To speak to main office please hold
If you wish to make an appointment to see a teacher, please contact the school office.