

Reception Topic Plan - Ourselves

Communication and Language

- Understand & develop good listening skills, play Simon Says etc
- Listen to others in one-to-one or small groups and during circle time.
- Listen carefully to & join in with familiar rhymes and songs, paying attention to how they sound
- Listen to stories with increasing attention and recall
- Retell the story of the Little Red Hen in their own words, identifying the beginning, middle and end, using pictures to help them
- Respond to simple instructions
- Show interest in illustrations & print in books & print in the environment.

Personal, Social and Emotional Development

- Establishing class and outdoor rules and routines
- Managing their own personal hygiene - discussing how we wash our hands, when & why do we need to wash our hands
- Begin to understand the importance of healthy eating and tooth brushing and how they contribute to our overall well-being
- Forming friendships with other children
- Recognise similarities and differences between themselves and their friends
- Talk about the special people in their lives
- Identify their feelings of scared, sad, worried and know who can help them

Physical Development

- Join in with action rhymes & songs: Tommy Thumb; Hokey Cokey; Heads, shoulder, knees & toes; One finger one thumb keep moving
- Handle tools correctly - scissors, paint brushes, glue spreaders etc, play dough cutters & moulds;
- Develop a tripod grip to hold pencils, felts, markers, and copy forming letters s, a, t, p, i, n, m, d, g, o
- To move safely and stopping with control
- Respond correctly to stop and start signals in PE
- Develop moving in a range of ways, developing grace and control and speed.
- Work co-operatively with others and use equipment safely
- Learn African dance to celebrate Black History week

Ourselves



Literacy

- Hearing initial sounds and know which letters represent these sounds (s, a, t, p, I, n, m, d, g o,)
- Handwriting - forming letters correctly (s, a, t, p, I, n, m, d & letters in their name)
- Recognising & learning to write their names (starting and working from left to right)
- Encourage early writing skills - write the names of the characters in The Little Red Hen story

abcdefghijklmnopqrstuvwxyz

Mathematics

- To count objects, actions and sounds up to 5
- Join in with and learn number rhymes to 5; 5 little speckled frogs, 5 little ducks, 5 little monkeys;
- Recognise arrangements of up to 5 objects without counting them (spotty dice)
- Counting numbers forwards and backwards from up to 10
- Explore the composition of numbers to 2
- Talk about and continue repeating patterns

Understanding the World

- Talk about our families and home and people who are important to me
- Use maps of the EYFS outdoor area to locate different areas and explore where we live within West Drayton and within the UK.
- Explore the natural world in forest school and describe different textures (rough/ smooth) of things found outside.
- Learn the Forest school ethos and rules
- Learn about Floella Benjamin & her journey to the UK from Jamaica

Expressive Arts and Design

- Learn and sing songs: Head shoulder, knees and toes; My Body; Tommy Thumb; One finger one thumb; Harvest songs
- Make African masks & Kwanzaa bead necklaces
- Use mirrors to look at our faces and paint them
- Use paper plates to make little red hens