

























# WEEK 1

W/C: 15/04, 06/05, 03/06, 24/06, 15/07, 02/09, 23/09, 14/10

SPRING/SUMMER 2024

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT SPECIALS	<b>Cheese &amp; Tomato Pizza</b>  served with pasta salad 	<b>Classic Beef Burger</b> Served with Potato Wedges	<b>BBQ Chicken</b> Served with Roast Potatoes	<b>Turkey Con Chilli</b>   Served with Wholegrain Rice	<b>Fish Fingers</b> Served with Chips
	<b>Tomato Pasta</b>   	<b>Vegetarian Burger</b>  Served with Potato Wedges	<b>Vegetarian Cottage Pie</b>   Served with Gravy	<b>Vegetable Korma</b>   Served with Bombay Potatoes	<b>Quorn Dippers</b>  Served with Chips
	<b>Potato &amp; Lentil Curry</b>    Served with Wholegrain Rice	<b>Tomato Pasta</b>   Fresh, homemade tomato and basil sauce with penne pasta	<b>Jacket Potato</b>  served with salmon mayo	<b>Tomato Pasta</b>   Fresh, homemade tomato and basil sauce with penne pasta	<b>Jacket Potato</b>  served with cheese
All main meals are served with two vegetables					
DESSERT	Vanilla Ice Cream	Crispy Crackle Bar with Fruit 	Banana Cake 	Original Flapjack	Forest Fruit Jelly



**AVAILABLE EVERY DAY**  
 Water, salad, freshly baked bread,  
 yoghurt & fresh fruit

 Vegetarian  
  Oily Fish  
  Wholegrain  
 Fruity!  
  Nutritionist's Choice

# WEEK 2

W/C: 22/04, 13/05, 10/06, 01/07, 22/07, 09/09, 30/09

SPRING/SUMMER 2024

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT SPECIALS	<b>Cheese &amp; Tomato Pizza</b>  served with pasta salad 	<b>Beef Bolognese</b>     Served with Wholewheat Pasta	<b>Roast Chicken</b>  Served with Roast Potatoes and Gravy	<b>Chicken and Vegetable Tikka Masala</b>   Served with Wholegrain Rice	<b>Southern Fried Chicken</b> Served with Chips
	<b>Red Lentil Dhal</b>    Served with Wholegrain Rice	<b>Mexican Vegetarian Tortilla Pie</b>    Served with Wholegrain Rice	<b>Quorn Roast</b>  Served with Roast Potatoes and Gravy	<b>Macaroni Cheese</b> 	<b>Veggie Fingers</b>  Served with Chips
	<b>Jacket Potato</b>   with Baked Beans	<b>Cheese Sandwich Packed Lunch</b> served with mixed salad and dessert of the day	<b>Tomato Pasta</b>   Fresh, homemade tomato and basil sauce with penne pasta	<b>Jacket Potato</b>   served with baked beans	<b>Tomato Pasta</b>   Fresh, homemade tomato and basil sauce with penne pasta
All main meals are served with two vegetables					
DESSERT	Raspberry Yoghurt Cake	Banana and Carrot Cake 	Orange Jelly	Chocolate Shortbread with Fruit 	Orange Drizzle

**AVAILABLE EVERY DAY**  
Water, salad, freshly baked bread, yoghurt & fresh fruit

 Vegetarian 
  Oily Fish 
  Wholegrain  
 Fruity! 
  Nutritionist's Choice



# WEEK 3

W/C: 29/04, 20/05, 17/06, 08/07, 16/09, 07/10

SPRING/SUMMER 2024

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
HOT SPECIALS	<b>Cheese &amp; Tomato Pizza</b>   served with pasta salad	<b>Pork Sausages</b> Served with Mashed Potato and Gravy	<b>Roast Beef</b> Served with Roast Potatoes and Gravy	<b>Chicken and Broccoli Pasta Bake</b>  	<b>Fish Fingers</b> Served with Chips
	<b>Tomato and Herb Lentil Pasta</b>   	<b>Vegetarian Sausage</b>  Served with Mashed Potato and Gravy	<b>Cheese and Onion Pasty</b>  Served with Roast Potatoes and Gravy	<b>Meatless Balls in Tomato Sauce</b> Served with Rainbow Rice 	<b>Quorn Dippers</b>  Served with Chips
	<b>Chinese Vegetable Noodles</b>   	<b>Tomato Pasta</b>   Fresh, homemade tomato and basil sauce with penne pasta	<b>Tuna Mayo Wrap Packed Lunch</b> served with mixed salad, dessert of the day	<b>Jacket Potato</b>  served with cheese and baked beans	<b>Tomato Pasta</b>   Fresh, homemade tomato and basil sauce with penne pasta
All main meals are served with two vegetables					
DESSERT	Chocolate Ice Cream	Strawberry Jelly	Banana Cake 	Lemon Sicilian Cookie	Chocolate Brownie  

**AVAILABLE EVERY DAY**  
Water, salad, freshly baked bread, yoghurt & fresh fruit

 Vegetarian 
  Oily Fish 
  Wholegrain  
 Fruity! 
  Nutritionist's Choice