

Personal, Social and Health Education - 'Being My Best'

Children will be able to:

- Recognise the importance of fruit and vegetables in their daily diet;
- Know that eating at least five portions of vegetables and fruit a day helps to maintain health.
- Recognise that they may have different tastes in food to others;
- Select foods from the Eatwell Guide (formerly Eatwell Plate) in order to make a healthy lunch;
- Recognise which foods we need to eat more of and which we need to eat less of to be healthy.
- Understand how diseases can spread;
- Recognise and use simple strategies for preventing the spread of diseases.
- Recognise that learning a new skill requires practice and the opportunity to fail, safely;
- Understand the learning line's use as a simple tool to describe the learning process, including overcoming challenges.
- Demonstrate attentive listening skills;
- Suggest simple strategies for resolving conflict situations;
- Give and receive positive feedback, and experience how this makes them feel.
- Recognise how a person's behaviour (including their own) can affect other people.

Science - Plants

Children will:

- Plant a bean.
- Find plants in the wild and identify them by a picture.
- Say the names of parts of trees.
- Describe a bean plant using words from a word bank.
- Say three things that plants need to grow.
- Match leaves they have collected to pictures of a leaf.

Topic Web
Year 1
Summer 1 2026



Music - 'What songs can we sing to help us through the day?'

Having Fun with Improvisation

This Unit of Work celebrates a wide range of musical styles. The clearly sequenced lessons support the key areas of the English Model Music Curriculum; Listening, Singing, Playing Composing and Performing. There are options for assessment, deeper learning and further musical exploration.

Geography - 'Where do different animals live?'

This unit gives a geographical context to children's interests in, and prior knowledge of, animals through a study of five continents. It looks at pandas, penguins, sharks and elephants, as well as lesser-known birds, such as the swallow. The unit also focuses the children on specific landscapes, people and issues associated with real places. It starts by showing what these animals' homes are like and addressing misconceptions they might have. It offers a chance to introduce North and South America, which is studied in the KS2 Geography Programme of Study.

English

Lost & Found

Character descriptions, retellings, advice, instructions, non-chronological report and own version 'Losing/finding' narrative

Yeti and the Bird

List of rules, letters, postcards, character descriptions, own version narrative.

Maths

Maths Mastery

Numbers to 100
Addition and Subtraction within 100
Money

Phonics Bug

In Phonic Ability Groups

Phase 4, Phase 5

Religious Education

Theme: Shabbat

Religion: Judaism

Key Question for this enquiry: Is Shabbat important to Jewish children?

Learning Objectives: We are learning to empathise with Jewish children by understanding what they do during Shabbat and why it is important to them.

Computing - Spreadsheets

- Children can navigate around a spreadsheet.
- Children can explain what rows and columns are.
- Children can save and open sheets.
- Children can enter data into cells.
- Children can use the 'move cell' tool so that images can be dragged around the spreadsheet.
- Children can use the 'lock' tool to prevent changes to cells.
- Children can give images a value that the spreadsheet can use to count them.
- Children can add the count tool to count items.

Physical Education Target Games

Pupils will develop their aim using both underarm and overarm actions. They will apply their skills individually, in pairs and in small groups and begin to organise and self-manage their own activities. They will understand the importance of abiding by rules to keep themselves and others safe.

Ball Skills

Pupils will explore and develop their fundamental ball skills such as throwing and catching, rolling and dribbling with both hands and feet.

DT-

Children take part in our exciting *Dips and Dippers* Design and Technology unit, where they learn about healthy eating and basic food preparation skills. The children explore the importance of a balanced diet by learning about different food groups and how to make healthy choices.

Throughout the unit, pupils practise important kitchen skills, such as preparing ingredients safely and following good hygiene rules. They investigate and taste a variety of dips and dippers, sharing their likes and dislikes, before designing and making their own healthy snack.

By the end of the unit, children are able to create their own dip and dippers, evaluate their work, and understand how food choices contribute to a healthy lifestyle. This hands-on unit encourages independence, creativity and confidence in the kitchen.